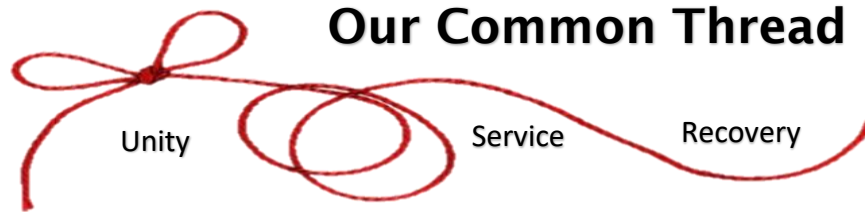


15th Annual Hugs, Hope and Healing

Virtual Family Relationship Workshop
 Sunday, November 15, 2020, 10:00 a.m. – 2:00 p.m. via Zoom



Meeting Schedule

Room	Room 1	Room 2	Room 3
Meeting ID	861 0916 5417	885 1763 3274	827 9187 4808
Passcode	11152020	11152020	11152020
Dial-in	1-646-558-8656	1-646-558-8656	1-646-876-9923
10 a.m.	<u>The 4 L's</u> Listen, Learn, Let Go, Love	<u>Attitude of Gratitude</u>	<u>Compassion</u> The Tie That Binds Us
11 a.m.	<u>Sex & Intimacy</u> The Emotional Connection	<u>The Rope!</u> A Perfect Union of Ourselves and Our Fellowship	<u>What's in Your Recovery Toolbox?</u>
12 p.m.	<u>Faith Over Fear</u>	<u>Forgiveness</u> Myself, Others & Situations	<u>Why I Came/Why I Stay</u>
1 p.m.	Al-Anon, Alateen & AA Keynote Speakers Meeting ID 861 0916 5417 Passcode 11152020 Dial-in 1-646-558-8656		Donations can be made to Al-Anon Suffolk Info Services PO Box 490 Farmingville NY 11738 Venmo @HHH-Workshop