



Al-Anon Information - Suffolk County: 631-669-2827

THESE ARE MEETING LOCATIONS ONLY.

For MAILING ADDRESSES: Correspondingsec@al-anon-suffolk-ny.org

OPEN MEETINGS are for Healthcare Professionals, Students, Educators & anyone interested in Al-Anon.

CLOSED MEETINGS FOR AL-ANON MEMBERS AND PROSPECTIVE MEMBERS ONLY.

According to our traditions, any two or more persons, age 12 or older, whose lives are affected by someone else's drinking, may form an Al-Anon Family Group (AFG), provided the group is self-supporting, and that, as a group, it has no outside affiliation. An Alateen group consists of two (2) certified Alateen sponsors and two (2) or more Alateen members. Alateens are members of the Al-Anon fellowship.

Where there is no Alateen meeting available, young people are welcome and encouraged to attend Al-Anon meetings.

Suffolk Information Service prints this list of Al-Anon/Alateen Family Groups at their request. It is important that all AFG's follow Al-Anon's 12 Traditions and keep the doors open to all Al-Anon members.

If you think or feel a group you attend is not right for you, please try another group; there is help and hope available in Al-Anon.

AL-ANON SUFFOLK INFORMATION SERVICE [A.S.I.S.] BOARD MEETINGS: Third Wednesday each month at 7:00 p.m. AL-ANON MEMBERS WELCOME

at the Association for Mental Health and Wellness, 939 Johnson Avenue, Ronkonkoma, NY 11779

(take L.I.E., exit 59 south or take Sunrise Highway, exit 49 north. One block east of Ocean Ave/Route 93, next to Lakeland Fire Department)

2019 DISTRICT MEETING INFORMATION

- Districts 1&34 Second (2nd) Tuesday of ODD months, 7:00 p.m., at St. John's Church, 100 South Main Street, Southampton.
Districts 2&3 7:00 p.m. Contact the district representative at suffolkdistrict3@gmail.com for Day & location.
Districts 4&5 Fourth (4th) Wednesday of month, 7:00 p.m., Our Lady of Lourdes Convent Basement, Toomey Road, West Islip

2019 QUARTERLY MEETINGS

April 17, July 17, October 16, 2019

Meets at Association for Mental Health and Wellness

939 Johnson Avenue, Ronkonkoma, NY 11779

Sign-in: 7:45 p.m. Meeting begins at 8:00 p.m. sharp

For ISR's*, ADR's and Al-Anon members

SERENITY PRAYER: God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can and Wisdom to know the difference.

OPEN AL-ANON MEETINGS - TIMES & LOCATIONS INSIDE - LOOK FOR "O" / "OPEN"

Open Meetings for Healthcare Professionals, Students, Educators & Anyone Interested in Learning about Al-Anon.

CLOSED MEETINGS FOR AL-ANON MEMBERS AND PROSPECTIVE MEMBERS ONLY

Table with 4 columns: Day, Location, Group #, and Day. Rows include Monday (Deer Park, Greenport), Tuesday (Babylon, Manorville), Wednesday (Blue Point, Ronkonkoma), Thursday (Dix Hills, Medford), Friday (Hauppauge/Islandia, Blue Point), and Saturday (1st Wednesday of Month, Port Jefferson).

ALATEEN MEETINGS

SUNDAY

Garden City (Nassau) 6:30 p.m. - Garden City Community Church (Kensington Room, 1st Floor), 245 Stewart Avenue

MONDAY

Center Moriches NEW Oct. 1 7:00 - 8:00 p.m. - St. John the Evangelist RC Church, 25 Ocean Ave. Center Moriches (upstairs RED BARN)
Deer Park (Suffolk) 8:00 - 9:00 p.m. - Community Presbyterian Church, 1843 Deer Park Avenue @ Lake Avenue, room 1
Roslyn (Nassau) 7:00 p.m. - Presbyterian Church, 140 East Broadway

TUESDAY

Seaford (Nassau) 7:30 p.m. - St. William the Abbott School, 2000 Jackson Avenue, South of Sunrise Highway
Setauket (Suffolk) 7:15 - 8:00 p.m. - Setauket Presbyterian Church, 5 Caroline Avenue

WEDNESDAY

Haupt/Islandia (Suffolk) 7:00 - 8:30 p.m. - Thrive Recovery Center, 1324 Motor Pkwy, Zip code 11749

THURSDAY






Rockville Center (Nassau) 8:00 p.m. - Holy Trinity Lutheran Church, Lincoln & Woodland Avenues

Where there is no Alateen meeting available, young people are welcome and encouraged to attend Al-Anon meetings.


SUNDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Bay Shore <i>One Day at A Time AFG</i>	9603	5	B 6:30 PM R 7:00 PM	St. Patrick's Church, 6 Fifth Avenue, <i>Purich Hall Basement</i> <i>Just north of Main St / Montauk Hwy. (27A)</i>
Huntington <i>Eleventh Step Exploration AFG</i>	30664240	4	7:00 – 8:00 PM	Panera Restaurant, 345 Main Street (25A) (Huntington Village) Please Come Support Us
Montauk <i>Montauk AFG</i>	500868	1	R 5:30 PM	Montauk Community Church 850 Montauk Highway (<i>by library on hill</i>)
Port Jefferson  <i>Easy Does It Sunday Night AFG</i>	10301	2	L 7:00 PM R 8:00 PM	St. Charles Hospital, 200 Belle Terre Road <i>Legacy & Regular Meeting in Board Room 1</i>
Riverhead  <i>Sunday Night Adult Child AFG</i>	43826	34	AC 7:00 PM	Peconic Bay Medical Center 1300 Roanoke Avenue <i>Second Floor Room D</i>
MONDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Amityville <i>Faith and Courage AFG</i>	9583	7	R 7:30 PM	St. Mary's Episcopal Church, 175 Broadway
Bay Shore  <i>Finding Our Peace Parents AFG</i>	30677147	5	R/P 10:00 AM	Unitarian Universalist Society, <i>left rear of building</i> 28 Brentwood Road
Bellport/Brookhaven Hamlet <i>Brookhaven-Bellport AFG</i>	9606	3	R 7:30 PM	St. James Episcopal Church, 260 Beaver Dam & Bay Roads PLEASE COME SUPPORT US
Center Moriches <i>Mid-Morning AFG</i>	500982	3	B 9:30 AM R 10:00 AM	The Harbor , <i>lobby</i> [Formerly Lamb's Chapel], 25-6 Frowein Road
Cutchogue <i>Cutchogue Monday Night AFG</i>	9701	34	R 7:00 PM	Presbyterian Church, NY 25/27245 Main Road (<i>at Highland Road</i>) Please come Support us
Deer Park <i>Listen and Learn AFG</i>	43089	5	L 8:00 PM Alateen 8-9 "O" 8:00 PM →	Community Presbyterian Church Basement, 1843 Deer Park Ave, Please Support Us (<i>on corner of Lake Avenue – parking in rear</i>) Open Mtg 1st Monday of month
East Hampton <i>Monday Lunch AFG</i>	38150	1	R 12:30 PM	First Presbyterian Church <i>Session House</i> , 120 Main Street
East Hampton <i>East Hampton Mon Night AFG</i>	501207	1	R 7:00 PM	Senior Citizen Center <i>Lounge</i> , 128 Springs Fireplace Road
East Moriches <i>Monday Night AFG</i>	43895	3	S 7:00 PM	United Methodist Church, 370 Montauk Highway <i>at Woodlawn Avenue</i> Please come Support us
Greenlawn <i>Noontime Awakening AFG</i>	38804	4	R 12:00 PM	First Presbyterian Church, 497 Pulaski Road & Broadway <i>In parlor</i>
Hampton Bays <i>Hampton AC AFG</i>	9785	1	R/AC 7:00 PM	United Methodist Church, 156 West Montauk Highway <i>In Anderson Hall</i>
Northport <i>Monday Night Northport AFG</i>	10135	4	B 7:15 PM R 8:00 PM	St. Philip Neri, 15 Prospect Avenue, <i>Parish Hall</i> upstairs over gymnasium -
Patchogue <i>Patchogue Monday AM AFG</i>	9716	3	R 10:00 AM	Church of the Nazarene, 65 Franklin Street, <i>His Place Youth Center</i>
Riverhead <i>Monday Morning AFG</i>	9743	34	R 10:00 AM	Grace Episcopal Church, 573 Roanoke Avenue
Stony Brook  <i>Stony Brook Serenity Break AFG</i>	30532476	2	R 11:30 AM	Moved back Jan.7th to LI State Veterans Home, 100 Patriots Road, <i>Board Room -Location Rear Lot Entrance next to Ramp</i>
Wading River  <i>Shoreham Serenity AFG</i>	10299	2	B / S 7:00 PM R 8:00 PM	North Shore United Methodist Church, 260 Route 25A <i>Rear entrance</i>
TUESDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Babylon  <i>Babylon Tuesday Night AFG</i>	9590	5	B 7:30-8:00PM L 8:10 PM "O" 8:10 PM →	Babylon Methodist Church Please come Support us 21 James Street, <i>Wesley Hall basement</i> Open meeting last Tuesday in March, June, September and December
Bayport <i>Bayport AFG</i>	9601	3	B 7:30 PM R 8:00 PM	United Methodist Church, 482 Middle Road <i>Enter off S.Snedecor Ave.,Brick Building</i>
Blue Point  <i>Bluepoint Tuesday AM AFG</i>	9615	3	B 9:30 AM R 10:00 AM " O"	Henrietta Acampora <i>Recreation Center</i> , 39 Montauk Highway Open Meeting on Second Tuesday of each month
Bridgehampton <i>Morning Serenity AFG</i>	327381	1	R 10:00 AM	St. Ann's Episcopal Church, 2463 Main Street <i>Parish Hall back door</i>
Cutchogue  <i>Tuesday Noon Lunch Bunch</i>	63531	34	R 12:00 PM	Presbyterian Church, 27245 Main Road <i>Enter side door off parking area - NY Route 25 at Highland Road</i>
Huntington <i>Serenity First AFG</i>	44637	4	B 7:30 PM R/ 8:00 PM	St. Patrick's Church, 400 Main Street - Rectory basement entry - Through East Side of Church (Anderson) Please come Support us
Islip <i>Butterflies are Free AFG</i>	26795	5	B 7:30 /R 8:00	Islip Town Hall Annex, 401 Main Street, - Second Floor, Room 250 Please Support Us

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Lindenhurst <i>Just for Today AFG</i>	BEGINNERS WELCOME	52793	5	R 10:00 AM	St. Boniface Episcopal Church, 100 46 th Street, (Front Entrance) Beginners Welcome! Please come Support Us
Patchogue <i>The Breakfast Delight AFG</i>		30618685	3	B 9:30 AM L 10:00 AM	United Methodist Church 10 Church Street
Port Jefferson Station <i>Just for Today AFG</i>		66459	2	R 10:00 AM <i>Fragrance Free</i>	St. Gerard Majella Church, 300 Terryville Road <i>Second floor</i> Please come Support us
Ronkonkoma <i>Women in Peace AFG</i>	♿	30644142	3	"O" 7:00 PM →	The Ronkonkoma Cenacle, 310 Cenacle Road <i>Second floor</i>
Setauket <i>Setauket New Hope AFG</i>	Alateen also 7:15	10293	2	S & B 7:15/8:00 PM R 8:15 /9:30 PM	Setauket Presbyterian Church <i>basement</i> , 5 Caroline Avenue <i>North of 25A, across from Emma Clark Library</i>
Smithtown <i>Noontime Serenity AFG</i>		47440	4	S 12:00 PM	St. Thomas of Canterbury Episcopal Church, 29 Brookside Drive <i>Basement</i>
Southampton <i>Southampton AFG</i>		103081	1	R 7:00 PM	First Presbyterian Church, 2 South Main Street <i>at Meeting House Lane</i>
WEDNESDAY		WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
NEW: East Islip Gratitude Group AFG		30698416	5	B 7:00 PM "O" 4th Wed R 7:30 PM	St. Mary's Church, 20 Harrison Street, (rear entry) 4th Wednesday of Month is "O" Meeting
East Northport <i>Parents AFG</i>	♿	34884	4	B 7:00 PM R/P 7:30 PM	Union United Methodist Church, 1018 Pulaski Road <i>one block east of Larkfield Road</i>
Haupt/ Islandia <i>Recover & Grow AFG Alateen also 7:30</i>	♿	30684571	3	R7:00 - 8:30 "O" 1 st WED.	Please Come Support Us Thrive Recovery Center, 1324 Motor Parkway (<i>south of LIE Exit 57</i>)
Manorville <i>Serenity Seekers AFG</i>		65470	34	R/AC 7:30 PM "O" 7:30 PM →	Sts. Peter & Paul Church (<i>Rectory basement</i>), 781 Wading River Road Open meeting first Wednesday in January, April, July and October
Northport <i>Wednesday Morning Step AFG</i>		101384	4	S 9:00 AM	Trinity Episcopal Church, 130 Main Street <i>Library</i>
Sag Harbor <i>The Step & Tradition Meeting AFG</i>		30624635	1	S & T 5:30 PM	Christ Episcopal Church, 5 Hampton Street <i>Route 114 & Union Street</i>
Smithtown <i>Carry the Message AFG</i>		10304	4	B 7:00 PM R 8:00 PM	First Presbyterian Church, 175 East Main Street <i>junction Routes 111/25&25A.)</i>
Westhampton Beach <i>Westhampton Beach AFG</i>		103941	1	R 7:30 PM	Immaculate Conception, 580 Main Street <i>K of C Hall behind church</i>
West Islip <i>Day By Day AFG</i>	Babysitter available	103985	5	BS B 9:30 AM BS R 10:00 AM	Our Lady of Lourdes <i>Convent Basement</i> , 455 Hunter Avenue park in Parking Lot at Church
THURSDAY		WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Babylon <i>Hope for Today AFG</i>		5012975	5	B 10:00 AM S 10:30 AM	Christ Episcopal Church, 12 Prospect Street, <i>1 block south of West Main Street.</i> <i>Use driveway to enter the basement</i>
Center Moriches <i>Center Moriches Parent Power AFG</i>	♿	30577390	3	R/P 7:30 PM	New address St. John the Evangelist "The Barn" ♿ 25 South Ocean Avenue (handicap access unknown) - <i>no meeting Thanksgiving</i>
Dix Hills <i>Dix Hills AFG</i>	♿	9708	4	B 7:30 PM R 8:30 PM "O" 8:30 PM →	St. Luke's Lutheran Church, 20 Candlewood Path PLEASE COME SUPPORT US <i>off Vanderbilt Parkway, door entry from rear parking lot</i> ♿ Open meeting first Thursday in February, May, August and November
East Hampton Thurs Lunch		38150	1	B 12:30 - 1:30	First Presbyterian Church, 120 Main St., Session House
East Hampton <i>Hope for Today Springs</i>		PENDING	1	R 6:30 - 7:30 PM	Springs Presbyterian Church 5 Old Stone Highway (at intersection of Springs Fireplace Rd.)
Huntington Station <i>Hearts and Healing AFG</i>		38860	4	B 7:30 PM R 8:00 PM	St. Hugh of Lincoln Church, 21 East 9 th Street <i>[Pulaski Road & Route 110] Room 106 in school building</i>
Medford Elevating available Thursday Morning AFG		10174	2	B & S 9:45 R 10:15	St. Sylvester's, 68 Ohio Avenue, Parish Center- Entrance on Robinson Avenue Open meeting First Week each Month (Beginners upstairs)
Nesconset <i>Nesconset Thursday AFG</i>		45437	3	B 7:30 PM R 8:00 PM	Nesconset Christian Church, 247 Smithtown Boulevard & <i>Old Nichols Road</i> <i>Rear entrance to downstairs - room on left, Please come Support Us</i>
North Babylon <i>Thurs Night AC AFG</i>		43088	5	B & R/AC 7:30 PM	St. Paul's Reformed Church, 138 Phelps Lane <i>Basement</i> Please Come Support Us
Riverhead <i>Riverhead Thursday Night AFG</i>		10224	34	R 7:15 PM	Grace Episcopal Church 573 Roanoke Avenue
Ronkonkoma Ronkonkoma Thursday AM AFG		10267	3	R 10:00 AM	St. Joseph's Church, 45 Church Street - Please Come Support Us
Sag Harbor Parents & all AFG		500964	1	R/P 5:30 PM	Christ Episcopal Church, 5 Hampton Street (Rt.114 & Union) Please Come Support Us
Sayville Listen & Learn Adult Child AFG		28651	3	R/AC 8:00 PM	New Life Community Church 380 Lakeland Ave.
Southold Serene Shores AFG		30593762	34	O 7:00 PM	First Presbyterian Church 53100 Main Road, on left side of building , The Manse

FRIDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Bay Shore <i>T.G.I.F. AFG</i>	30740	5	B 9:30 AM L 10:00 AM	St. Patrick's Church, 6 Fifth Avenue, <i>Purich Hall Basement</i> <i>On corner of Main (Montauk Hwy. /27A) and Clinton Streets</i>
Blue Point Blue Point Friday AM AFG	9602	3	B 9:30 AM L 10:00/O 3rd Fri	Henrietta Acampora Recreation Center, 39 Montauk Highway Open Meeting 3rd Friday each month
Bridgehampton <i>Thank God It's Friday AFG</i>	500301	1	R 10:00 AM	St. Ann's Episcopal Church, 2463 Main Street, <i>Parish Hall, back door</i>
East Northport <i>Courage to Change Parents AFG</i>	30552312	4	B 7:00 PM R/P 7:30 PM	Union United Methodist Church of East Northport, 1018 Pulaski Road <i>1 block east of Larkfield Road</i>
Hampton Bays <i>Friday Night AFG</i>	9719	1	R 7:30 PM	United Methodist Church, West Montauk Highway <i>Anderson Hall</i>
Huntington Babysitter available <i>Huntington Friday AM AFG</i>	32543	4	BS S/B 9:15 AM BS R 10:00 AM	Old First Presbyterian Church, 125 Main Street <i>enter left (west) door</i>
Northport <i>Friday PM Step Meeting AFG</i>	10136	4	S 8:00 PM	First Presbyterian Church, 330 Main Street & <i>Church Street</i> , <i>rear entrance, go upstairs</i>
Port Jefferson  <i>Serenity Friday AFG</i>	30582679	2	B & R 8:00 to 9:00 PM	St. Charles Hospital, 200 Belle Terre Road, St. Camillus Conference room Please Come Support Us
Stony Brook  SEE LAST COLUMN <i>Lead Me, Guide Me, Show Me AFG</i>	30598337	2	L 11:15 AM	Stony Brook Community Methodist Church, 216 Christian Avenue, <i>Basement</i> ELEVATOR AID FOR HANDICAPPED PERSONS ONLY. MUST CALL AHEAD. CHURCH SECRETARY 631-751-0574
SATURDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Babylon (no young children) <i>Choices Adult Child AFG</i>	53078	5	B 8:00 PM R/AC 8:00 PM	Cross of Christ Lutheran Church, 576 Deer Park Avenue <i>rear entrance at Washington Street</i> Please Come Support Us
E. Northport Saturday Serenity AFG	30705044	4	R 1PM/O 2nd Sat	St. Anthony of Padua RC Church, 20Cheshire Place, E. Northport Rectory Meeting Room (outside stair) O 2nd Saturday of Month
Port Jefferson  <i>Adult Children of Alcoholics AFG</i>	10298	2	B 6:30 PM R/AC 7:00PM "O"-->	Mather Memorial Hospital, 75 North Country Road, <i>Conference Room 1</i> Open meeting 2nd Saturday of March & June
Sag Harbor  <i>Let It Begin With Me AFG</i>	31615	1	R 4:30 PM	Christ Episcopal Church, 5 Hampton Street <i>Route 114 & Union Street</i>
Shelter Island <i>Peace and Joy AFG</i>	502504	34	R 10:00 AM	 St. Mary's Episcopal Church, 26 St. Mary's Road , <i>Basement</i>

ABBREVIATIONS / LEGEND

 = Handicapped Accessible
AC = Adult Child Focus
AFG = Al-Anon Family Group
B = Beginners Meeting / Newcomers
BS = Babysitter available

Dist = District in Suffolk County
L = Legacy (Step, Tradition, Concept) Meeting
O = Open Meeting
P = Parent Focus
R = Regular Meeting

S = Step Meeting
T = Tradition
M = Men's Group
WSO ID # = Group ID Number, assigned by WSO
[World Services Office]

AL-ANON CONTACT INFORMATION

SUFFOLK COUNTY

P.O. Box 490
Farmingville, NY 11738
(631) 669-2827
www.al-anon-suffolk-ny.org

NASSAU COUNTY

P.O. Box 755
Westbury, NY 11590
(516) 433-8003
www.alanon-nassau-ny.org

NYC (INTERGROUP & LDC)

*Literature Distribution Center
4 West 43rd Street, Suite. 308
New York, NY 10036
(800) 939-2770 (*Español*) (212) 941-0094 (*English*)
www.nycalanon.org

NEW YORK SOUTH/AREA 40

(from Poughkeepsie to Montauk)
P.O. Box 30, Radio City Station
New York, NY 10101
www.alanonny.org

AL-ANON FAMILY GROUP HEADQUARTERS, INC.

<http://www.al-anon.org>
1-888-4AL-ANON (1-888-425-2666)...TEL. (757) 563-1600
(757) 563-1655

WSO (World Services Office)

1600 Corporate Landing Parkway
Virginia Beach, VA. 23454-5617.....TEL.(757) 563-1600...FAX.(757) 563-1655 FAX.

AI-ANON'S TWELVE STEPS

- Admitted we were powerless over alcohol, that our lives had become unmanageable.
- Came to believe that a power greater than ourselves could restore us to sanity.
- Made a decision to turn our will and our lives over to the care Of God, as we understood Him.
- Made a searching and fearless moral inventory of ourselves. for us and the power to carry that out.
- Admitted to God, to ourselves and to another human being the exact nature of our wrongs.
- Were entirely ready to have God remove all these defects of character.
- Humbly asked Him to remove our shortcomings.
- Made a list of all persons we had harmed, and became willing to make Amends to them all
- Made direct amends to such people wherever possible, except when to do so would injure them or others.
- Continued to take personal inventory and when we were wrong promptly admitted it.
- Sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- Having had a spiritual awakening as a result of these steps, we tried to Carry this message to others, and practice these principles in all our affairs.

Looking for an extra Meeting? (suggested SERVICE) You may want to attend Meetings listed "Please come Support us"