

**May 20, 2020 Board Minutes ASIS Meeting at Association for Mental Health and Wellness
Ronkonkoma, NY.**

Board Meeting ASIS

Present: Ed O. (Chairperson), Bob M. (Vice Chairperson), Amanda W. (Corresponding Secretary), Diana S. (Family Relationship Workshop Coordinator), Dolores C. (Recording Secretary), Maureen P. (Meeting List Coordinator), Karen G. (Public Outreach Coordinator), Laurie B. (Public & Institutional Speaking Coordinator), Mary A. (Speaker Exchange Coordinator), John P. (Literature/Archivist), Philip D. (Treasurer), CeCe J, (Website Coordinator), Karen H. (Suffolk Liaison to A.L.I.S.O.N. Nassau), Christine M. (Alateen Coordinator(AMIAS), Steve W. (Liaison to AA), Rose T. (Post Office Box Coordinator).

Guest: Sara

Charlie

Ed O. opened the Meeting at 7:05 with Serenity Prayer. He then stated the procedure for the meeting.

Procedure: Everyone would give their reports and then everyone else could ask questions. Ed then asked for a moment of silence and remembrance of all those essential workers as well as those affected by the Covid Virus and other al-anon members who were home alone.

Old Business:

Ed asked Dolores C. (recording secretary) to read the minutes of the April Board Meeting. Upon completing the reading of the minutes, Ed asked for a motion to accept the minutes. Steve W. motioned first followed by Maureen P. who seconded it. Ed then asked for volunteers to take the phone answering service position. He reminded us how important this service is and gave kudos to Sarah who has been doing it for a long time. "This is not her purpose", he reminded us. Ed asked that we go back to our groups and ask if there were any members of the groups that would be willing to take on this position. He then asked us to be kind to CeCe about posting Zoom meetings and about making any changes on them.

New Business and Reports:

Bob M. (Vice Chairperson) – asked question about continuing zoom meetings once the pandemic is over. He stated that lots of people like these meetings and that they are attracting many more people than our regularly scheduled meetings. Bob then asked if we would be willing to contribute \$15.00 as a subscription for the zoom meeting. He urged us to discuss this and to decide if, when, and how to make a commitment. He suggested that we take a vote to see if we want to keep Zoom meetings going. A poll was taken by Diana S. and all were in favor.

Diana S. (Family Relationship Workshop Coordinator) spoke about having the Hugs, Hope and Healing Workshop. She also spoke about the NY Meeting available on the NY City Al-Anon Website in which there were four hour Workshops and four speakers with one Moderator. Time ranged from One to Four o'clock on Saturday this coming Saturday, May 30th. They use a screen with a Venmo Acct. The screen is flashed for people to make donations. Diana asked us to think about doing this as a substitute for the Hugs, Hope and Healing Workshop in November. Ed O and Ce Ce are working with Diana S. on this idea. Diana also urged more meetings for beginners. She said they are really necessary to reach out to people in need. She said that she is available to anyone needing help in hosting a meeting. A letter from the WSO to Intergroups and area reps was read by Diana again in an effort to provide help for newcomers.

This letter was also available on our website. Diana urged us all to consider hosting zoom meetings for beginners.

Amanda W. (Corresponding Secretary) Had old contact list. She said that there are so many unknowns about how to decide if we'll have Quarterly meeting.

Steve W. (AA Liaison) said it has been very hard this April. He sent texts out to SIA and Chairperson of General Services and they did respond giving him info about giving committee reports online. Monthly workshops are also offered about program. There is an SIA meeting next month and they invited Steve to attend. They also asked Steve to continue his attendance with them. Steve did observe that what we do here in Suffolk County (Hugs , Hope and Healing) is not welcome in other areas.

John P. (Literature/Archivist) reported that he had ordered all books that Laurie B. had suggested and had sent the list to Phil, our treasurer. He said that it would take seven to ten days to get these books and pamphlets.

Laurie B. (Public & Institutional Speaking Coordinator) – She had nothing to report because of the Covid 19 . Her suggestion for Hugs, Hope and Healing Workshop was that perhaps the board could pay fees incurred by the Workshop.

Phil D. (Treasurer) reported that he had sent out the April bank statement. There is presently \$10,500 in our treasury. He had put the Verizon bill on autopay.. He did not pay rent for the Speakers Exchange meeting that still had to be rescheduled.

Dolores C. (Recording Secretary) reported that she had sent out the Quarterly Minutes report to all board members.

Mary A. (Speaker Exchange Coordinator) – reported that she had cancelled the Speaker Exchange Meeting which had been scheduled for May and she is trying to reschedule it for November. It will not be necessary to pay for use of the room until we get closer to November.

Maureen P. (Meeting List Coordinator) reported that she has been playing with the meeting list to arrange zoom meetings. She asked that if we are really serious about doing zoom meetings then we should make decision so that we can arrange and have it in order by July . Also we should arrange for Spanish meeting lists.

Karen H. (Liaison to Nassau) reported that she had gone to Nassau County Board Meeting last week. They had held their Nassau County Workshop on March 13 which is similar to our Hugs , Hope and Healing Workshop. It was held at Hofstra. They have beefed up the website for beginners linking to zoom and pod cast meeting list and al-anon literature. See Website for info on this. They were also continuing meetings to reach out to Alateens.

CeCe J. (Website Coordinator) reported that she had put up the Board and Quarterly minutes report for April on the website. She agreed about continuing zoom meetings. Everyday she is getting at least two calls from newcomers. Spanish meeting lists are needed. She had tried to find more meetings and feels she needs to go to NYC to get these. She put two pages on hold stating that perhaps she should post Spanish meetings in place of anniversaries. She will look in NYC in order to help new people who are calling everyday. She also suggested to Sara , if Sara was available , that she write up info on the Telephone Answering Service Position and what it entails and then she, (CeCe) would post it on the website.

Rose T. (Post Office Box Coordinator) said that there is not much to report. She has to pay for the Post office box. No meetings going on. The Post office box bill could be sent to Phil.

Karen G. (Public Outreach Coordinator) reported that she will be touching base with Creations Magazine Editor . She is trying to find out if the editor will put info from Al-anon in the magazine. Sara has given her good info. She is still collecting old Forum magazines and has handed out the back page of the Forum (subscription page) to interested persons. She is looking forward to working with Districts 4 and 5.

Christine M. (Alateen Coordinator) sent out her report today. She is struggling for participation. Anyone who needs a meeting can email Christine. There are two Alateen meetings on Mondays and Thursdays and four Amiases are running these meetings. Monica and Ed have helped Christine. She has also received guidance from the WSO. Anyone who needs a meeting should just come in. See the Alateen report on the website. Christine is having discussions with multiple amiases to see if they are willing to participate. Four are willing after receiving certification and if it's OK to share their phone numbers with Ed, Peggy and Monica. Christine is having difficulty getting new list which were recently updated. However, it was not sent to Christine. She is currently working off the list sent to her from Ed.

Judy – District Rep for areas 4 and 5 reported that there are monthly meetings on Zoom. She shared a document based on conversations talking about what can we do in our community to make a difference. There are new PSAs available on TV and radio stations, billboards, newspapers. Using simple messages such as :” Are you affected by someone’s drinking? Please call this number!” Moving forward asap to reach those suffering from alcoholism is so important. See the link in the Service Manuel on p. 122. There are three articles in the Forum about the idea of attraction rather than promotion. Scott P., TV producer has been forthcoming in producing three TV commercials dealing with alcoholism in Spanish, French and English. Laurie B.(Public &Institutional Speaking Coordinator) was excited to get involved with Judy to work on publicizing info given by Judy. Sara(Guest) also asked about protocol to help those phoning for help. Mary A. (Speaker Exchange Coordinator) shared that people can use their home phone to reach help line and to find zoom meetings.

Steve W. (Liaison to AA) spoke thanking Judy for her service and for the wonderful ideas and help that she shared.

Karen G. (Public Outreach Coordinator) was excited and wanted to be included in the publicizing of material as shown by Judy.

CeCe J. (Website Coordinator) spoke about the phone number and website being available at the top of the meeting lists. Anyone can call into Zoom app.

Sara (Guest) shared about two meetings in Spanish located in Brentwood. There are other Spanish meetings located in Southern NY. NYAS.org

It was also mentioned that people at Babylon meeting were willing to host Spanish meetings. Other Spanish meetings are located in Queens, Brooklyn, Bronx.

Bob (Vice Chairperson) asked if we were going forward in purchasing Zoom Acct. for the Board. You need a Business Acct. or your own acct. to host meetings. The same person has to do every meeting. It wouldn't be \$15.00 a month cost.

Judy (District 4/5 Rep) mentioned contacting Edita, Spanish speaker from Queens who would help to arrange Spanish Speaking Meeting. She also spoke about the NYC Al-anon Workshop entitled "Applying Al-anon Recovery in Daily Life" taking place on Saturday, May 30, 2020. It is also on the Website. Many meetings do not want to be listed on Zoom because they do not want massive public meetings. Westhampton was mentioned as one of these. We need to remember that we are not exclusive in Al-anon. There is lots of support for putting Intergroup Flyer on the website to attract new people. .

Motion to close at 9:30: All were in favor

Next meeting of the Board is Wed. June 17, 2020 at 7:00PM