



Al-Anon Information - Suffolk County: 631-669-2827

THESE ARE MEETING LOCATIONS ONLY.

For MAILING ADDRESSES: Correspondingsec@al-anon-suffolk-ny.org

OPEN MEETINGS are for Healthcare Professionals, Students, Educators & anyone interested in Al-Anon.

CLOSED MEETINGS FOR AL-ANON MEMBERS AND PROSPECTIVE MEMBERS ONLY.

According to our traditions, any two or more persons, age 12 or older, whose lives are affected by someone else's drinking, may form an Al-Anon Family Group (AFG), provided the group is self-supporting, and that, as a group, it has no outside affiliation. An Alateen group consists of two (2) certified Alateen sponsors and two (2) or more Alateen members. Alateens are members of the Al-Anon fellowship. Where there is no Alateen meeting available, young people are welcome and encouraged to attend Al-Anon meetings.

Suffolk Information Service prints this list of Al-Anon/Alateen Family Groups at their request. It is important that all AFG's follow Al-Anon's 12 Traditions and keep the doors open to all Al-Anon members. If you think or feel a group you attend is not right for you, please try another group; there is help and hope available in Al-Anon.

AL-ANON SUFFOLK INFORMATION SERVICE [A.S.I.S.] BOARD MEETINGS: Third Wednesday each month at 7:00 p.m.

AL-ANON MEMBERS WELCOME

at the Association for Mental Health and Wellness, 939 Johnson Avenue, Ronkonkoma, NY 11779

(take L.I.E., exit 59 south or take Sunrise Highway, exit 49 north. One block east of Ocean Ave/Route 93, next to Lakeland Fire Department)

2018 DISTRICT MEETING INFORMATION

- Districts 1&34 Second (2nd) Tuesday of ODD months, 7:00 p.m., at St. John's Church, 100 South Main Street, Southampton.
Districts 2&3 7:00 p.m. Contact the district representative at suffolkdistrict3@gmail.com for Day & location.
Districts 4&5 Fourth (4th) Wednesday of month, 7:00 p.m., Our Lady of Lourdes Convent Basement, Toomey Road, West Islip

2018 QUARTERLY MEETINGS

JANUARY 17, APRIL 18, JULY 18, OCTOBER 17

Meets at Association for Mental Health and Wellness

939 Johnson Avenue, Ronkonkoma, NY 11779

Sign-in: 7:45 p.m. Meeting begins at 8:00 p.m. sharp

For ISR's\*, ADR's and Al-Anon members

SERENITY PRAYER: God, Grant me the Serenity to accept the things I cannot change, Courage to change the things I can and Wisdom to know the difference.

OPEN AL-ANON MEETINGS - TIMES & LOCATIONS INSIDE - LOOK FOR "O" / "OPEN"

Open Meetings for Healthcare Professionals, Students, Educators & Anyone Interested in Learning about Al-Anon.

CLOSED MEETINGS FOR AL-ANON MEMBERS AND PROSPECTIVE MEMBERS ONLY

Table with 3 columns: Day, Location/Group Name, and Group Number. Rows include Monday (Deer Park, Greenport), Tuesday (Babylon, Manorville), Wednesday (Blue Point, Ronkonkoma, Hauppauge/Islandia), Thursday (Dix Hills, Medford), Friday (Blue Point), and Saturday (Port Jefferson).

ALATEEN MEETINGS

"Where there is no Alateen meeting available, young people are welcome and encouraged to attend Al-Anon meetings."

SUNDAY

Garden City (Nassau) 6:30 p.m. - Garden City Community Church (Kensington Room, 1st Floor), 245 Stewart Avenue

MONDAY

Deer Park (Suffolk) 8:00 - 9:00 p.m. - Community Presbyterian Church, 1843 Deer Park Avenue @ Lake Avenue, room 1
Roslyn (Nassau) 7:00 p.m. - Presbyterian Church, 140 East Broadway

TUESDAY

Seaford (Nassau) 7:30 p.m. - St. William the Abbott School, 2000 Jackson Avenue, South of Sunrise Highway
Setauket (Suffolk) 7:30 p.m. - Setauket Presbyterian Church, 5 Caroline Avenue

WEDNESDAY

Haupt/Islandia (Suffolk) 7:30 p.m. - Thrive Recovery Center, 1324 Motor Pkwy, Zip code 11749
Rocky Point (Suffolk) 6:30 p.m. - Youth Institute, 525 Route 25A, behind Joseph Edgar Intermediate School in rear Please Support

THURSDAY


Rockville Center (Nassau) 8:00 p.m. - Holy Trinity Lutheran Church, Lincoln & Woodland Avenues

SUNDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Bay Shore <i>One Day at A Time AFG</i>	9603	5	B 6:30 PM R 7:00 PM	St. Patrick's Church, 6 Fifth Avenue, <i>Purich Hall Basement</i> <i>Just north of Main St / Montauk Hwy. (27A)</i>
Huntington <b>Please support</b> <i>Eleventh Step Exploration AFG</i>	30664240	4	7:00 – 8:00 PM	Panera Restaurant, 345 Main Street (25A) (Huntington Village) <b>Please support this meeting</b>
Montauk <i>Montauk AFG</i>	500868	1	R 5:30 PM	Montauk Community Church 850 Montauk Highway ( <i>by library on hill</i> )
Port Jefferson  <i>Easy Does It Sunday Night AFG</i>	10301	2	S 7:00 PM R 8:00 PM	St. Charles Hospital, 200 Belle Terre Road <i>Step &amp; Regular Meeting in Board Room 1</i>
Riverhead  <i>Sunday Night Adult Child AFG</i>	43826	34	<b>AC 7:00 PM</b>	Peconic Bay Medical Center 1300 Roanoke Avenue <i>Second Floor Board Room</i>
MONDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Amityville <i>Faith and Courage AFG</i>	9583	7	R 7:30 PM	St. Mary's Episcopal Church, 175 Broadway
<b>NEW!</b> Bay Shore  <b>Finding Our Peace Parents AFG</b>	30677147	5	B 9:30 AM R/P 10:00 AM	<b>NEW!</b> Unitarian Universalist Society, <i>left rear of building</i> 28 Brentwood Road <b>Please support this meeting</b>
Bellport/Brookhaven Hamlet <i>Brookhaven-Bellport AFG</i>	9606	3	R 7:30 PM	St. James Episcopal Church, 260 Beaver Dam & Bay Roads <b>PLEASE SUPPORT</b>
Center Moriches <i>Mid-Morning AFG</i>	500982	3	B 9:30 AM R 10:00 AM	The Harbor , <i>lobby</i> [Formerly Lamb's Chapel], 25-6 Frowein Road
Cutchogue <i>Cutchogue Monday Night AFG</i>	9701	34	R 7:00 PM	Presbyterian Church, NY 25/27245 Main Road ( <i>at Highland Road</i> ) <b>Please support this meeting</b>
Deer Park <b>needs support</b> <i>Listen and Learn AFG</i>	43089	5	L 8:00 PM <b>Alateen 8-9</b> <b>O 8:00 PM →</b>	Community Presbyterian Church Basement, 1843 Deer Park Avenue ( <i>on corner of Lake Avenue – parking in rear</i> ) <b>Open Mtg 1<sup>st</sup> Monday of month</b>
East Hampton <i>Monday Lunch AFG</i>	38150	1	R 12:30 PM	First Presbyterian Church <i>Session House</i> , 120 Main Street
East Hampton <i>East Hampton Mon Night AFG</i>	501207	1	R 7:00 PM	Senior Citizen Center <i>Lounge</i> , 128 Springs Fireplace Road
East Moriches <b>Please support</b> <i>Monday Night AFG</i>	43895	3	S 7:00 PM	<b>Please support this meeting.</b> United Methodist Church, 370 Montauk Highway <i>at Woodlawn Avenue</i>
Greenlawn <i>Noontime Awakening AFG</i>	38804	4	R 12:00 PM	First Presbyterian Church, 497 Pulaski Road & Broadway <i>In parlor</i>
Hampton Bays <i>Hampton AC AFG</i>	9785	1	R/AC 7:00 PM	United Methodist Church, 156 West Montauk Highway <i>In Anderson Hall</i>
Northport <i>Monday Night Northport AFG</i>	10135	4	B 7:15 PM R 8:00 PM	St. Philip Neri, 15 Prospect Avenue, <i>Parish Hall</i> <b>upstairs over gymnasium -</b>
Patchogue <i>Patchogue Monday AM AFG</i>	9716	3	R 10:00 AM	Church of the Nazarene, 65 Franklin Street, <i>His Place Youth Center</i>
Riverhead <i>Monday Morning AFG</i>	9743	34	R 10:00 AM	Grace Episcopal Church, 573 Roanoke Avenue
Stony Brook  <i>Stony Brook Serenity Break AFG</i>	30532476	2	R 11:30 AM	L.I State Veterans Home, 100 Patriots Road, <i>Board Room</i> <i>Park in rear lot. The entrance is next to ramp</i>
Wading River  <i>Shoreham Serenity AFG</i>	10299	2	B / S 7:00 PM R 8:00 PM	North Shore United Methodist Church, 260 Route 25A <i>Rear entrance</i>
TUESDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Babylon  <i>Babylon Tuesday Night AFG</i>	9590	5	B 7:30-8:00PM L 8:10 PM <b>O 8:10 PM →</b>	Babylon Methodist Church 21 James Street, <i>Wesley Hall basement</i> <b>Open meeting last Tuesday in March, June, September and December</b>
Bayport <i>Bayport AFG</i>	9601	3	B 7:30 PM R 8:00 PM	United Methodist Church, 482 Middle Road <i>Enter off S.Snedecor Ave.,Brick Building</i>
Blue Point  <i>Bluepoint Tuesday AM AFG</i>	9615	3	B 9:30 AM R 10:00 AM <b>O</b>	Henrietta Acampora <i>Recreation Center</i> , 39 Montauk Highway <b>Open Meeting on Second Tuesday of each month</b>
Bridgehampton <i>Morning Serenity AFG</i>	327381	1	R 10:00 AM	St. Ann's Episcopal Church, 2463 Main Street <i>Parish Hall back door</i>
Cutchogue  <i>Tuesday Noon Lunch Bunch</i>	63531	34	R 12:00 PM	Presbyterian Church, 27245 Main Road <i>Enter side door off parking area - NY Route 25 at Highland Road</i>
Huntington <i>Serenity First AFG</i>	44637	4	B 7:30 PM R/ 8:00 PM	St. Patrick's Church, 400 Main Street - Rectory basement entry - <b>Through East Side of Church (Anderson) PLEASE SUPPORT</b>
Islip <i>Butterflies are Free AFG</i>	26795	5	B 7:30 /R 8:00	Islip Town Hall Annex, 401 Main Street, - Second Floor, Room 250

TUESDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Lindenhurst <b>BEGINNERS WELCOME</b> <i>Just for Today AFG</i>	52793	5	R 10:00 AM	St. Boniface Episcopal Church, 100 46 <sup>th</sup> Street <i>Basement side entry – <b>Beginners Welcome!</b> PLEASE SUPPORT</i>
Patchogue  <i>The Breakfast Delight AFG</i>	30618685	3	B 9:30 AM R 10:00 AM	United Methodist Church 10 Church Street
Port Jefferson Station <i>Just for Today AFG Meeting needs support</i>	66459	2	R 10:00 AM <i>Fragrance Free</i>	St. Gerard Majella Church, 300 Terryville Road <i>Second floor Meeting needs support</i>
Ronkonkoma  <i>Women in Peace AFG</i>	30644142	3	<b>O 7:00 PM →</b>	The Ronkonkoma Cenacle, 310 Cenacle Road <i>Second floor</i>
Setauket <b>Alateen also 7:30</b> <i>Setauket New Hope AFG</i>	10293	2	S & B 7:30 PM R 8:30 PM	Setauket Presbyterian Church <i>basement</i> , 5 Caroline Avenue <i>North of 25A, across from Emma Clark Library</i>
Smithtown <i>Noontime Serenity AFG</i>	47440	4	S 12:00 PM	St. Thomas of Canterbury Episcopal Church, 29 Brookside Drive <i>Basement</i>
Southampton <i>Southampton AFG</i>	103081	1	R 7:00 PM	First Presbyterian Church, 2 South Main Street <i>at Meeting House Lane</i>
WEDNESDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
East Northport  <i>Parents AFG</i>	34884	4	B 7:00 PM R/P 7:30 PM	Union United Methodist Church, 1018 Pulaski Road <i>one block east of Larkfield Road</i>
Greenport  <i>Serene Shores AFG</i>	30593762	34	<b>O 7:00 PM →</b>	Church of the Holy Trinity, 768 Main Street <i>Second floor</i>
<b>NEW! Haup/ Islandia</b> Recover & Grow AFG <b>Alateen also 7:30</b>	30684571	3	B 7:00/ R 7:30 <b>O 2nd WED.</b>	<b>NEW MEETING - please support this meeting</b> Thrive Recovery Center, 1324 Motor Parkway ( <i>south of LIE Exit 57</i> )
Manorville <i>Serenity Seekers AFG</i>	65470	34	R/AC 7:30 PM <b>O 7:30 PM →</b>	Sts. Peter & Paul Church ( <i>Rectory basement</i> ), 781 Wading River Road <b>Open meeting first Wednesday in January, April, July and October</b>
Northport <i>Wednesday Morning Step AFG</i>	101384	4	S 9:00 AM	Trinity Episcopal Church, 130 Main Street <i>Library</i>
Rocky Point Doses of Joy <b>Alateen also 6:30</b>	30686379	2	B 6:30 PM R 7:30 PM	Youth Institute, 525 Route 25A <i>behind Joseph Edgar Intermediate School in rear Please Support</i>
Sag Harbor <i>The Step &amp; Tradition Meeting AFG</i>	30624635	1	S & T 5:30 PM	Christ Episcopal Church, 5 Hampton Street <i>Route 114 &amp; Union Street</i>
Smithtown <i>Carry the Message AFG</i>	10304	4	B 7:00 PM R 8:00 PM	First Presbyterian Church, 175 East Main Street <i>junction Routes 111/25&amp;25A</i>
Westhampton Beach <i>Westhampton Beach AFG</i>	103941	1	R 7:30 PM	Immaculate Conception, 580 Main Street <i>K of C Hall behind church</i>
West Islip <b>Babysitter available</b> <i>Day By Day AFG</i>	103985	5	BS B 9:30 AM BS R 10:00 AM	Our Lady of Lourdes <i>Convent Basement</i> , 455 Hunter Avenue <b>park in Parking Lot at Church</b>
THURSDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Babylon <i>Hope for Today AFG</i>	5012975	5	B 10:00 AM S 10:30 AM	Christ Episcopal Church, 12 Prospect Street, <i>1 block south of West Main Street.</i> <i>Use driveway to enter the basement</i>
Center Moriches  <i>Center Moriches Parent Power AFG</i>	30577390	3	R/P 7:30 PM	Union United Methodist Church, 464 Main Street  <i>Use rear door – no meeting on Thanksgiving</i>
Dix Hills  <i>Dix Hills AFG</i>	9708	4	B 8:00 PM R 8:30 PM <b>O 8:30 PM →</b>	St. Luke's Lutheran Church, 20 Candlewood Path <i>off Vanderbilt Parkway, door entry from rear parking lot</i>  <b>Open meeting first Thursday in February, May, August and November</b>
East Hampton Thurs Lunch AFG	38150	1	B 12:30 - 1:30 PM	First Presbyterian Church, 120 Main St., Session House
East Hampton <i>Hope for Today Springs</i>	PENDING	1	R 6:30 - 7:30 PM	Springs Presbyterian Church 5 Old Stone Highway (at intersection of Springs Fireplace Rd.)
Huntington Station <i>Hearts and Healing AFG</i>	38860	4	B 7:30 PM R 8:00 PM	St. Hugh of Lincoln Church, 21 East 9 <sup>th</sup> Street <i>[Pulaski Road &amp; Route 110] Room 128 in school building</i>
Medford - <i>Elevator available</i>  <i>Thursday Morning AFG</i>	10174	2	B & S 9:45 AM R 10:15	St. Sylvester's, 68 Ohio Avenue <i>Parish Center - Entrance on Robinson Avenue</i> <b>Open meeting first week each month</b>
Nesconset <i>Nesconset Thursday AFG</i>	45437	3	B 7:30 PM R 8:00 PM	Nesconset Christian Church, 247 Smithtown Boulevard & <i>Old Nichols Road</i> <i>Rear entrance to downstairs - room on left</i>
North Babylon <i>Thurs Night AC AFG</i>	43088	5	B & R/AC 7:30 PM	St. Paul's Reformed Church, 138 Phelps Lane <i>Basement Please support</i>
Riverhead <i>Riverhead Thursday Night AFG</i>	10224	34	R 7:15 PM	Grace Episcopal Church 573 Roanoke Avenue
Ronkonkoma  <i>Ronkonkoma Thursday AM AFG</i>	10267	3	R 10:00 AM Meeting needs Sup.	St. Joseph's, 45 Church Street - <b>Please support this Meeting</b>
Sag Harbor <b>this Meeting needs support</b> Parents & all AFG	500964	1	R/P 5:30 PM	Christ Episcopal Church, 5 Hampton Street (Rt.114 & Union) <b>Please support this Meeting</b>
Sayville Listen & Learn Adult Child AFG	28651	3	B & S 7:00 PM R/AC 8:00 PM	New Life Community Church 380 Lakeland Ave.

FRIDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Bay Shore <i>T.G.I.F. AFG</i>	30740	5	B 9:30 AM L 10:00 AM	St. Patrick's Church, 6 Fifth Avenue, <i>Purich Hall Basement</i> <i>On corner of Main (Montauk Hwy. /27A) and Clinton Streets</i>
Blue Point <i>Bluepoint Friday AM AFG</i>	9602	3	B 9:30 AM R 10:00 AM <b>Open mtg 3<sup>rd</sup> Fri</b> →	Henrietta Acampora, 39 Montauk Highway <i>Recreation Center</i> <b>Open meeting third Friday each month</b>
Bridgehampton <i>Thank God It's Friday AFG</i>	500301	1	R 10:00 AM	St. Ann's Episcopal Church, 2463 Main Street, <i>Parish Hall, back door</i>
East Northport <i>Courage to Change Parents AFG</i>	30552312	4	B 7:00 PM R/P 7:30 PM	Union United Methodist Church of East Northport, 1018 Pulaski Road <i>1 block east of Larkfield Road</i>
Hampton Bays <i>Friday Night AFG</i>	9719	1	R 7:30 PM	United Methodist Church, West Montauk Highway <i>Anderson Hall</i>
Holbrook <i>A New Beginning AFG</i>	32739	2	R 1:00 PM	Sachem Public Library, 150 Holbrook Road <b>Ask Welcome Desk for Room Number</b>
Huntington <i>Huntington Friday AM AFG</i>	32543	4	<b>BS</b> S/B 9:15 AM <b>BS</b> R 10:00 AM	Old First Presbyterian Church, 125 Main Street <i>enter left (west) door</i>
Northport <i>Friday PM Step Meeting AFG</i>	10136	4	S 8:00 PM	First Presbyterian Church, 330 Main Street & Church Street, <i>rear entrance, go downstairs</i>
Port Jefferson <i>Serenity Friday AFG</i>	30582679	2	B 7:30 PM R 8:00 PM	St. Charles Hospital, 200 Belle Terre Road <i>Board Room 1</i> <b>Please Support</b>
Stony Brook <i>Lead Me, Guide Me, Show Me AFG</i>	30598337	2	L 11:15 AM	Stony Brook Community Methodist Church, 216 Christian Avenue, <i>Basement</i> <b>ELEVATOR AID FOR HANDICAPPED PERSONS ONLY.</b> <b>MUST CALL AHEAD. CHURCH SECRETARY 631-751-0574</b>
SATURDAY	WSO ID#	Dist	TYPE & TIME	MEETING ADDRESS / LOCATION
Babylon <i>(no young children)</i> <i>Choices Adult Child AFG</i> <u>needs support</u>	53078	5	B 8:00 PM R/AC 8:00 PM	Cross of Christ Lutheran Church, 576 Deer Park Avenue <i>rear entrance at Washington Street</i> <b>Please support</b>
Port Jefferson <i>Adult Children of Alcoholics AFG</i>	10298	2	B 6:30 PM R/AC 7:00PM <b>Open meeting</b> →	Mather Memorial Hospital, 75 North Country Road, <i>Conference Room 1</i> <b>Open meeting 2<sup>nd</sup> Saturday of March &amp; June</b>
Sag Harbor <i>Let It Begin With Me AFG</i>	31615	1	R 4:30 PM	Christ Episcopal Church, 5 Hampton Street <i>Route 114 &amp; Union Street</i>
Shelter Island <i>Peace and Joy AFG</i>	502504	34	R 10:00 AM	St. Mary's Episcopal Church, 26 St. Mary's Road <i>Basement</i>

**ABBREVIATIONS / LEGEND**

 = Handicapped Accessible  
**AC** = **A**dult **C**hild **F**ocus  
**AFG** = **A**l-**A**non **F**amily **G**roup  
**B** = **B**eginners Meeting / **N**ewcomers

**BS** = **B**abysitter available  
**Dist** = **D**istrict in Suffolk County  
**L** = **L**egacy (**S**tep, **T**radition, **C**oncept) Meeting  
**O** = **O**pen Meeting  
**P** = **P**arent Focus

**R** = **R**egular Meeting  
**S** = **S**tep Meeting  
**T** = **T**radition  
**WSO ID #** = **G**roup ID Number, assigned by WSO  
*[World Services Office]*

**AL-ANON CONTACT INFORMATION**

**SUFFOLK COUNTY**

P.O. Box 490  
 Farmingville, NY 11738  
 (631) 669-2827  
[www.al-anon-suffolk-ny.org](http://www.al-anon-suffolk-ny.org)

**NASSAU COUNTY**

P.O. Box 755  
 Westbury, NY 11590  
 (516) 433-8003  
[www.alanon-nassau-ny.org](http://www.alanon-nassau-ny.org)

**NYC (INTERGROUP & LDC)**

**\*Literature Distribution Center**  
 4 West 43<sup>rd</sup> Street, Suite. 308  
 New York, NY 10036  
 (800) 939-2770 (*Español*) (212) 941-0094 (*English*)  
[www.nycalanon.org](http://www.nycalanon.org)

**NEW YORK SOUTH/AREA 40**

(from Poughkeepsie to Montauk)  
 P.O. Box 30, Radio City Station  
 New York, NY 10101  
[www.alanonny.org](http://www.alanonny.org)

**AL-ANON FAMILY GROUP HEADQUARTERS, INC.**

<http://www.al-anon.org>  
 1-888-4AL-ANON (1-888-425-2666)...TEL. (757) 563-1600  
 FAX. (757) 563-1655

**WSO (World Services Office)**

1600 Corporate Landing Parkway  
 Virginia Beach, VA. 23454-5617.....TEL.(757) 563-1600...FAX.(757) 563-1655

**AL-ANON'S TWELVE STEPS**

1. Admitted we were powerless over alcohol, that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves and to another human being The exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God, as He understood Him, praying only for knowledge of His will For us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to Carry this message to others, and practice these principles in all our affairs.



